

# AUTUMN EDITION

SEPT  
OCT 2022

News, Information, Activities and Program Opportunities from The Branch Connection



## FREE GIFT FOR NEW MEMBERS

The month of September is **National Senior Center Month**. To help celebrate, new members that join during the month of September will receive a **special gift** that will be given to the first 100 new members! For more information about memberships, please visit [thebranchconnection.com](http://thebranchconnection.com)

### September Membership Promotion

During the month of September, in lieu of National Senior Center month, new members will receive a special gift while supplies last! For more information, please visit our website.



## CRAFT FAIR

THE BRANCH CONNECTION  
ACTIVE ADULT CENTER

OCTOBER 15 • 9 A.M. TO 4 P.M.

14055 Dennis Ln | [fbspecialevents.com](http://fbspecialevents.com) | 972-919-8740

### Craft Fair

Saturday | October 15 | 9 a.m. - 4 p.m.

No admission fee

When it comes to fun activities in Farmers Branch during the fall season, the annual Craft Fair is tough to beat. For those who want unique and memorable gifts for their loved ones along with beautiful décor to add to their homes, it's a can't-miss event. Check out this showcase of unique and lovingly handcrafted items and the people who made them. This exciting event will be hosted at The Branch Connection, 14055 Dennis Lane and is free to the public.

### Monthly Breakfast

Members: Free

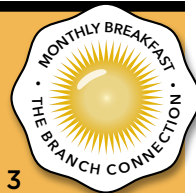
Non-members: \$5

Mondays

September 12, October 3

8:15 - 9 a.m.

Come enjoy a free breakfast and meet up with old friends and make new ones at the monthly breakfast. The Senior Advisory Board hosts the event and provides a fun atmosphere to start the month off!



### The Senior Advisory

Board Hosts:

Game Night: Dinner

Casino Games | Dancing

Saturday | September 17

5 - 9:30 p.m.

Doors open: 5 p.m.

Dinner & Casino Games: 6 - 9 p.m.

Fee: \$20

One small step for man, one giant leap for The Branch Connection! Come join us for an out of this world experience and outer space adventure. It's going to be a starry night filled with casino games, dancing and delicious food!

### Friday Franks

Friday | September 2, October 21

11:30 a.m. - 12:30 p.m.

Members: Free | Non-members: \$5

Come enjoy a hot dog with all the fixins' hosted by The Senior Advisory Board.



14055 Dennis Lane | Farmers Branch, Texas 75234 | 972.919.8740



[www.thebranchconnection.com](http://www.thebranchconnection.com)



[www.facebook.com/TheBranchConnectionFB](https://www.facebook.com/TheBranchConnectionFB)

# ARTS AND CRAFTS

*Pre-registration required for all craft classes by calling 972-919-8740*

## Arts and Crafts Groups

Quilting Group      Friday | 10 a.m.  
Instructional Quilting      Thursday | 1 - 3 p.m.  
Evening Crafts      Monday | 5 - 8 p.m.

## Watercolor Painting 1

Tuesdays | 2 - 3:15 p.m.

Free | Instructor: Dr. Marsha Blount

Paint, brush, and paper provided. Enjoy painting with others in this fun class as we talk about art. You will be guided in painting washes, color layering and critiquing, and how to finish your piece for displaying.

## Watercolor Painting 2

Tuesdays | 3:15 p.m. - 4 p.m.

Free | Instructor: Dr. Marsha Blount

Learn color theory through independent and guided instruction in a studio format. \*Feel free to bring your supplies. If you want to paint in acrylic, you will need acrylic paints, canvases, and brushes. Supply recommendations are available from the instructor.

## Advanced Greeting Card Class

Tuesday | September 13, October 11 | 1 p.m.

Supply Fee: \$10

Instructors: Jan McCord & Carmel Mosley

Learn various card-making techniques and create four beautiful cards.

## Chalk Contour

Monday | October 17 | 6:30 p.m.

Free | Instructor: Jennifer Stone

Oh, happy day painting with chalk paint and stencils. This month we will create the backside of the Welcome sign with a Christmas-themed word. Start a new sign or bring your existing sign to decorate on the back. Preregistration is required by Friday, October 7. Limited seats are available.

## DIY Painting Party

Monday | September 12, October 10 | 6 - 7:30 p.m.

\$25, supplies included | Instructor: Calinda Locklear

We provide all the supplies; you just come and enjoy an evening of painting fun with friends and take home your very own completed home décor for a seasonal project. From beginner to advanced, all are welcome!

## Pen and Ink with Watercolor

Guest Artist: Bill Dale

Tuesday | September 20 | 10 a.m. - Noon

Free (Artist Demonstration)

Tuesday | September 20 | 1 - 3 p.m. | \$10 (Workshop)

Exploring techniques of pen and ink with incorporating watercolor.

## Watercolor

Guest Artist: Ted Houston

Tuesday | October 18 | 10 a.m. - Noon

Free (Artist Demonstration)

Tuesday | October 18 | 1 - 3 p.m. | \$10 (Workshop)

Come and learn about all things watercolor.

## Crochet Angels

Thursday | October 6 & 13 | 2 - 4 p.m.

Instructor: Marthann Dafft

Decorate your Christmas tree, wreath or give as a special gift with a beautiful handmade easy to crochet angel ornament! Bring a steal #1.50 mm or #1.60 mm crochet needle and #10 size cotton thread.

# COMPUTER CLASSES

*Registration is required by calling 972-919-8740*

## Computer Basics 1

Mondays & Thursdays | September 5 - 29 | 1 - 3 p.m.

Free | Instructor: Linda Eakle

## Computer Basics 2

Mondays & Thursdays | October 10 - 27 | 1 - 3 p.m.

Free | Instructor: Linda Eakle

# FITNESS CLASSES

*Registration required by calling 972-919-8740*

## Silver Sneakers Classic - Posture Renewal

Monday | 11 - 11:45 a.m. | Free | Instructor: Rotha Crump

## Mindful Yoga

Tuesdays & Thursdays | 10 - 10:45 a.m.

Free | Instructor: Rotha Crump

## Balanced Bodies Classic

Tuesdays & Thursdays | 9 - 9:45 a.m.

Free | Instructor: Rotha Crump

## Tai Chi

Mondays & Wednesdays | 10 - 10:45 a.m.

Free | Instructor: Susan Davis

## Zumba Gold

Wednesday | 7 - 7:45 p.m. | Free | Instructor: Giselle Huet

## Power Walking

Fridays | 9 - 9:45 a.m. | Free | Instructor: Laura Franklin

## Movin' and Groovin' with JD

Saturdays | 3:30 - 4:30 p.m. | Free | Instructor: J.D. Roark

No Class September 3rd

# ACTIVITIES

Registration required by calling 972-919-8740



MONDAY  
7 - 9 P.M.  
BYOB



## THE MIXER

Best 50 and Better Dance in the Metroplex!  
Mondays | 7 - 9 p.m. | BYOB Permitted  
Members: FREE | Non-members: \$5

DATE	BAND
September 5	No Dance - Closed for Labor Day
September 12	City Lights
September 19	Pete & Patti
September 26	High Caliber
October 3	Justin Hunter Band
October 10	Swinganova
October 17	DFW Musicians
October 24	Nobles of Note
October 31	Tye & Noot

## Bingo

Wednesdays | September 7 & 21, October 5 & 19 | 1 - 3 p.m.  
\$1 per Bingo card must purchase cards by 12:45 p.m.  
Enjoy BINGO and bring a friend. Good luck!

## Let's Learn to Dance!

Members: Free | Non-members: \$5 (includes entry to The Mixer)

Lessons for active adults, age 50 and better. Stay for The Mixer, watch and practice what you learn.

### WALTZ AND FOXTROT REVIEW LESSONS

(No lesson September 5 - Labor Day Holiday)

Mondays | September 12, 19 & 26 | 5:45 - 6:45 p.m.

### EAST COAST SWING LESSONS

Mondays | October 3, 10, 17, 24 & 31 | 5:45 - 6:45 p.m.

### BEGINNER DANCE LESSONS COMING SOON!

Country Three-Step and West Coast Swing

## Book Club

Meet kindred book lovers as they discuss reading a different book each month.

*The Stranger in the Lifeboat* by Mitch Albom

Genre: Adult Fiction

Monday | September 12 | 1 p.m. | Movie September 19 at 1 p.m.

*Simon the Fiddler* by Paulette Jiles

Genre: Historical Fiction

Monday | October 10 | 1 p.m. | Movie October 17 at 1 p.m.

## GROW YOUR BUSINESS

## BY PLACING AN AD HERE!

### CONTACT US!

Contact Alex McDowell  
to place an ad today!  
[amcdowell@lpicommunities.com](mailto:amcdowell@lpicommunities.com)  
or (800) 477-4574 x6677



# WE'RE HIRING

## AD SALES EXECUTIVES

## BE YOURSELF. BRING YOUR PASSION.

## WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community





Contact us at [careers@4lpi.com](mailto:careers@4lpi.com)  
[www.4lpi.com/careers](http://www.4lpi.com/careers)



# support our

# ADVERTISERS





For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

City Of Farmers Branch, Farmers Branch, TX

A 4C 05-1243



# ACTIVITIES

*Registration required by calling 972-919-8740*

**DROP-IN RECREATION: During facility hours, the game room is open for drop-in recreation such as cards, billiards, and dominos. ACTIVITIES ARE FREE TO MEMBERS UNLESS OTHERWISE NOTED.**

## Open Mah-Jongg

Wednesdays | 1 p.m.

Join us for a friendly game of American Mah-Jongg. We welcome experienced players and those newer to the game for casual, non-competitive play.

## Fly Tying Group

Mondays | September 12, 19 & 26, October 10, 17 & 24  
5 p.m. | Instructor: Bill Slaughter

## Fly Casting

Tuesdays | 5 p.m.

Instructor: Bill Slaughter

Learn the fine art of casting flies and using fly rods to better your fly fishing skills.

## Texas 42 (using Dominos)

Wednesdays | 1 p.m.

Instructor: Bill Slaughter

Have you ever wondered how to "get your game on" with Texas 42? Join Bill Slaughter for lessons from beginners and beyond to learn the game.

## Thinkabilities!

Mondays | 9:15 a.m.

Instructor: Anna Abner

Our Thinkabilities program provides brain-challenging worksheets. We can meet in person, or you can call 972-919-8740 and give us your email address. We'll send some fun challenges to you regularly. Don't have an email? Let us know, and we will make arrangements for you to pick it up at The Branch Connection.

## Shared Moments

Mondays | September 19, October 3, 17 & 31 | 10:15 a.m.

What's your story? In this small group, you will have the opportunity to hear others recall and share life memories as well as share your own stories. All are welcome!

## Shared Movies

Mondays | September 12 & 26, October 10 & 24 | 10:15 a.m.

Watch movie favorites with others who love them too! Sign-up to bring your favorite movie on the sign-up sheet. All are welcome!

Sept 12: Bernie

Sept 26: Sea Biscuit

Oct 10: Calendar Girls

Oct 24: Bourne Identity

## Mountain Dulcimer

Bring your instrument and learn to play this beautiful-sounding instrument better by practicing in a small group weekly.

**DULCIMER LESSONS FOR BEGINNERS**

Tuesdays | 8:30 - 9:30 a.m.

Free | Instructor: Donna Shelton

No prior experience is necessary! Learn how to play the instrument, read standard and tablature notation, and learn music theory.

## SOUTHWIND DULCIMER

Tuesdays | 10 a.m. - 12 p.m.

Free | Instructor: Donna Shelton

This group preserves and promotes the historic dulcimer instrument by playing together weekly.

## INTERMEDIATE MOUNTAIN DULCIMER GROUP

Wednesdays | 10 a.m. - 12 p.m.

Free | Instructor: Marcella Houston

## Line Dancing

Instructor: Karen Aubrey

Whatever your level may be, learn Line Dancing step-by-step at a comfortable pace with:

**ABSOLUTE BEGINNER**

Tuesdays | 11:30 a.m. - 12:15 p.m.

September 6, 13, 20 & 27

October 4, 11, 18 & 25

November 1, 8 & 15

**Fee: \$28.00 Due upon signup | No new students after the second session**

Designed for students who want to learn the basic steps of Line Dance, and a few easy fun dances. This class will run for 11 weeks (September 6 through November 15). Due to the detailed instruction of this course, attendance for the full 11 weeks is important.

## LO BEGINNER

Tuesdays | 12:30 - 1:45 p.m. (Cost per class: \$2.50)

September 6, 13, 20 & 27- \$10

October 4, 11, 18 & 25 - \$10

## HI BEGINNER

Tuesdays | 2 - 3:15 p.m. (Cost per class: \$2.50)

September 6, 13, 20 & 27- \$10

October 4, 11, 18 & 25 - \$10

## IMPROVER

Wednesdays | 10 - 11:30 a.m. (Cost per class: \$3.00)

September 7, 14, 21 & 28 - \$12

October 5, 12, 19 & 26 - \$12

# ACTIVITIES

Registration required by calling 972-919-8740

## Photo Club

Wednesdays | September 14 & 28, October 12 & 26  
1 p.m. | Instructor: Deborah Hutchins

Share your experience and learn from others to take better pictures. Members regularly challenge each other to capture certain subjects and share those pictures with the group. Anyone with a camera or smartphone camera is welcome!

## Random Acts of Kindness

Our Random Acts of Kindness Group does amazing things for those in need! You can help and get involved by donating requested items and dropping them off at the listed charity. We meet on the date listed and deliver all the items collected. Thank you for your kindness.

## Metrocrest Halloween Bags

Thursday | October 13 | 11 a.m.

Collecting individually wrapped treats, candy and toys for kids.

## Movie Friday

*The Tingler* - starring Vincent Price

Friday | October 21 | 11 a.m. - 1:15 p.m.

A pathologist has a theory that fear is the result of a creature that inhabits all of us and is suppressed by our ability to scream when fear strikes us. He tests his theories by using LSD to induce nightmares and begins his experiments.

## An Exercise in Critical Thinking; Conversations in Neglected History

Fridays | 9:30 a.m. | \*Special Guest Speaker

Date	Topic	Presenter
September 2	Holistic Traditional Medicine	Larry Russell
September 9	Journey to America from Vietnam	Kong & Chariya Luk
September 16	<i>The Branch Connection</i> <i>Closed for Game Night Prep</i>	
September 23	Mini Topic	Larry Russell
September 30	<b>People of the Pecos</b>	<b>Dr. Harry Shafer*</b>
October 7	Mini Topic	Larry Russell
October 14	<i>The Branch Connection</i> <i>Closed for Craft Fair Prep</i>	
October 21	Replacement for the DC3	Dick Royer
October 28	<b>History of King Ranch</b>	<b>Lisa Nealy*</b>



Protect Your Valued Asset.

- Medicare Supplement Plans
- Medicare Advantage Plans
- Marketplace Health Plans
- Dental/Vision Plans
- Pet Insurance
- Life Insurance

**For a No-Obligation quote,**

**Call (or Text): Arlene Young @ 214-909-2988**

Local Farmers Branch Agent



Mention this ad for a Hotel Gift card.

**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets | 1-855-225-4251





**Research Volunteers Needed**

- Hypertension
- Athletes Foot
- Cosmetic Studies
- Constipation
- Psoriasis
- Acne

9 Medical Parkway Plaza 4, Suite 304, Dallas, TX 75234 • [www.waycro.com](http://www.waycro.com)

**Contact DFW Clinical Research 469-225-5800**



**support our ADVERTISERS**



# SPECIAL INTERESTS

Registration required by calling 972-919-8740

**SPECIAL INTEREST ACTIVITIES ARE FREE TO MEMBERS UNLESS OTHERWISE NOTED.  
Join today to take advantage of all The Branch Connection has to offer.**

## B12 Shots

Thursday | September 1, October 6 | 9 - 9:30 a.m.  
Fee \$20 | ProSalutem

## Bridge

One of the greatest card games of all and can provide an immense challenge and enjoyment in a fun group setting. Grab a friend and join us!

### Party Bridge

Fridays | 1 p.m.

Instructor: Diane Royer

### Duplicate Bridge

Mondays | 9:30 a.m.

Instructor: Diane Royer

## Cookin' Club

All Kinds of Soup

Wednesday | September 14 | 10:30 a.m. - Noon

Soup weather is coming! Learn new methods, techniques and recipes for "Soup Season."

## Perfect Steak for Two

Wednesday | October 12 | 10:30 a.m. - Noon

Join Chef Leslie (All Events Catering) as she demonstrates the secret for making a perfect steak for two.

## Chair Volleyball

Mondays, Thursdays & Fridays | 1 p.m.

Chair Volleyball involves physical activity, social interaction, competition, and lots of laughs!

## Wii Bowling

Grab your team of two or more players and compete together against other teams. Register your team at the front desk or let us know, and we'll put a team together with you.

Season IV | July 25 - September 9

Season IV Party | September 23 | 2 p.m.

Season V | September 26 - November 19

## Texas Hold 'Em

Thursday | September 15, October 20 | 1 p.m.

Know when to hold 'em; know when to fold 'em.

Join us each month for this competitive poker game.

Snacks sponsored by Oak Street Health.

## Clogging

Easy to High Intermediate Skill

Saturdays | 1:30 - 4:30 p.m.

Instructor: Libby Smith

American Folk Dance is dancers who perform with double-tap shoes by striking the heel, the toe, or both against a floor to create audible rhythms.

## Intermediate / Advanced Table Tennis

Wednesdays & Fridays | 2:30 p.m.

Improve your skills with members who range from recreational players to elite players who compete in local and national tournaments year-round. Promoting excellence and sportsmanship in a safe and friendly environment.

## Tuesday Trivia Night

I Love Rock & Roll

September 27 | 6 p.m.

Test your rock 'n roll knowledge from the early days through the 80's this month!

## Classic Horror Movies

October 25 | 6 p.m.

See how much you remember for the days of classic horror movies.

# TRIPS

Registration required by calling 972-919-8740

## CRUISIN CUISINE:

### Ford's Garage Prime Burgers

Wednesday | September 22 | 11 a.m. (Bus Departure)

Free + Bring money for lunch

Ford's Garage will give you the vibe of being in a 1920's service station/prohibition bar with its old-style brick, dark colors, rich wood, and hand-hammered copper bar top.

## DAY TRIP: Pinner's Conference

Friday | September 30 | 9 a.m. - 5 p.m.

Fee: Tickets can be purchased online at

[www.tx.pinnerconference.com](http://www.tx.pinnerconference.com) before the trip or

at the door \$10 + Bring money for lunch

The Pinner's conference is a great place to take hands on classes and has a market with 300 incredible vendors providing shopping in the worlds of DIY, home décor, crafts, cooking, photography, and scrapbooking to list a few. Pinner's is the event where online inspiration comes to life.

## DAY TRIP: Muenster Oktoberfest

Friday | October 7 | 9:30 a.m. - 5 p.m.

Free + Bring money for lunch

Get out your lederhosen and dirndl, it's Oktoberfest time in Muenster Oktoberfest opening day! Wear appropriate footwear for lots of walking!



# EDUCATIONAL TALKS

*Registration required.*

## Health and Wellness Topics

Tuesdays | 6 - 7:15 p.m.

Free | Presented by TOPS

Come and learn some educational tips on improving your health and managing weight. Each week we discuss various topics on health and self-improvement.

## NEW>> Active Shooter Awareness

Wednesday | September 14 | 2 - 3 p.m.

Free | Presented by Officer S. Rutherford - Farmers Branch Police Dept.

The Civilian Response To Active Shooter Events Training will provide participants with the knowledge necessary to prepare for an active shooter event and strategies to increase their chances of surviving an active shooter event. Topics include History of Active Shooter Events, Human Response in High-Stress Events, Deliberation (decision making), AVOID/DENY/DEFEND, and When Police Arrive. This free training is provided by Farmers Branch Police Officers certified by the Advanced Law Enforcement Rapid Response Training Center at Texas State University.

## NEW>> Changes in Medicare Plans

Wednesday | September 21 | 12 - 1 p.m.

Free | Presented by Debra Krusehart

This seminar will address why it is a good idea to evaluate your current Medicare plan during Annual Enrollment Period (AEP) coming up in October to make sure it is still the best plan out there for you. Light snacks will be provided.

## NEW>> Protecting Your Social Security and Retirement Money Lunch and Learn

Monday | September 26 | 12 - 1 p.m.

Free | Presented by Heather Parker

Learn about the different annuity options to protect your social security and retirement plans for the future. Lunch will be provided. Registration required.

## NEW>> Protecting Your Family and Assets

Monday | October 10 | 12 - 1 p.m.

Free | Presented by Heather Parker

Learn the differences in life insurance options and how they can protect your family and assets Lunch will be provided. Registration required.

# DVSI

**A Leader in Small Driveway Friendly Roll-Off Dumpsters**

P.O. Box 59287 • Dallas, TX 75229

972.247.1616 Office 972.342.2590 Dwayne Violet

[dviolet.dvsi@gmail.com](mailto:dviolet.dvsi@gmail.com) Email

**SUPPORT OUR  
ADVERTISERS!**



## Place Your Ad Here and Support our Community!

Instantly create and  
purchase an ad with

**AD CREATOR STUDIO**



[lpicommunities.com/adcreator](https://lpicommunities.com/adcreator)

## GROW YOUR BUSINESS BY PLACING AN AD HERE!

**CONTACT US!**

Contact Alex McDowell  
to place an ad today!  
[amcdowell@lpicommunities.com](mailto:amcdowell@lpicommunities.com)  
or (800) 477-4574 x6677



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](https://www.lpicommunities.com)

City Of Farmers Branch, Farmers Branch, TX

C 4C 05-1243

# MEMBERSHIP

The Branch Connection is open to anyone 50 years of age or better. We offer a variety of activities and special events to promote fun, fellowship and health.

## ANNUAL MEMBERSHIP FEES

Residents: **\$25**

Non-residents: **\$50**

**\$5 Day Pass** available for non-members

**\$5 ID Card** replacement fee

Options to pay in full or pay by an electronic check or credit card draft of \$2.50 or \$5 each month.

Our program calendars are available at:

[www.thebranchconnection.com](http://www.thebranchconnection.com)

## You may qualify for a FREE Membership

Most health insurance plans offer programs to help you maintain a healthy lifestyle as an active adult through physical and social activity. Bring in your insurance card or give us a call at 972-919-8740, and our staff will check if you qualify. Plans we partner with are Silver Sneakers, Silver & Fit and Renew Active.

## FACILITY HOURS

Monday - Wednesday

8 a.m. - 8 p.m.

Thursday & Friday

8 a.m. - 5 p.m.

Saturday

1 - 5 p.m.

## FACILITY CLOSURES

**FOR THE BRANCH CONNECTION**

**Monday, September 5 for Labor Day**

**September 16 & 17 for Game Night**

**October 14 & 15 for Craft Fair**



## THE BRANCH CONNECTION STAFF

Jackie Byles, Manager

Jennifer Stone, Recreation Supervisor

Lynnette Hill, Recreation Supervisor

## TO VOLUNTEER

Contact Jennifer Stone

[jennifer.stone@farmersbranchtx.gov](mailto:jennifer.stone@farmersbranchtx.gov)

972-919-8742

# Gatherings®

AT MERCER CROSSING



55+ ACTIVE-ADULT CONDOS IN FARMERS BRANCH

## NEW ENERGY EFFICIENT HOMES UP TO 2,031 SQ. FT.

## FROM THE \$290s

**GATHERINGS.COM | 972-294-7045**

Tour our models at  
**1735 Wittington Place, Farmers Branch, TX**



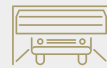
Elevator and  
controlled-access entry



Plans with open  
living spaces



Private balconies



Garage for  
every home



Prices, offers, features and availability subject to change without notice. See New Home Counselor for details.  
©2019 Beazer Homes - All Rights Reserved. 158053 BH DAL AUG\_1



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

City Of Farmers Branch, Farmers Branch, TX

D 4C 05-1243