

Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. It's an affordable option for quality medical care.

*Speak to a doctor 24/7 for just a
\$5 copay*

Teladoc

Set up your account today!

Teladoc.com / 800-TELADOC (835-2362)

★ **Get Started**

Call, download the app or visit the URL above.

★ **Set Up**

Enter your information and complete your medical history.

★ **Request a Visit**

A Teladoc doctor is now just a call or click away.

Get The Care You Need

Teladoc doctors can treat many medical conditions, including:

- ★ Cold & flu symptoms
- ★ Allergies
- ★ Pink eye
- ★ Respiratory infection
- ★ Sinus problems
- ★ Skin problems
- ★ And more!

Teladoc Therapy

Talk to a therapist or psychiatrist seven days a week from wherever you are.

Teladoc therapy can treat:

- ★ Anxiety
- ★ Depression
- ★ Not feeling like yourself
- ★ Marital issues
- ★ Stress
- ★ And more!

How to Access

To get started, download the app or visit teladoc.com/therapy. Create an account, fill out a mental health questionnaire, then start therapy.

