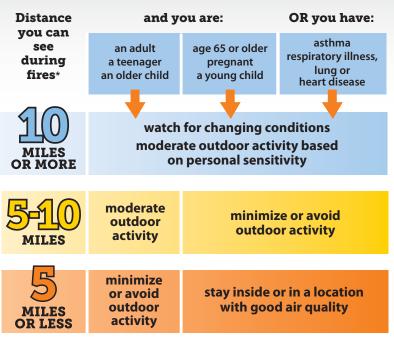
## Is it Smoky Outside?

Use the visibility method to protect your health!



Wildfires can spread rapidly and change air quality quickly. When a fire is nearby, decide if you should remain indoors or if it is safe to go outside. Visibility, age and health of those present are factors in this decision and this visibility method can help. Always follow evacuation orders, if given. Seek medical care if needed. \*approximate distance, when humidity is low

To check air quality and get more information, visit

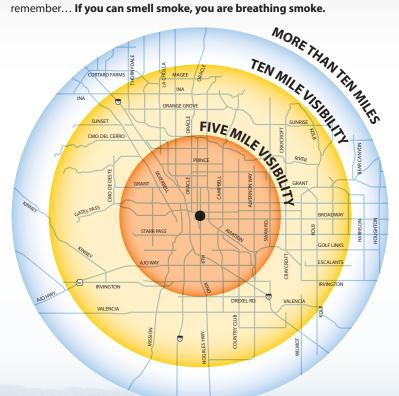
www.pima.gov/deq



Thanks to the U.S. EPA and New Mexico Department of Health for guidance.

## **Assessing Smoke in Our Air**

To determine how smoky it is based on how far you can see: face away from the sun and pick landmarks (mountain, building, tree, etc.) at known distances. Then make your assessment – can you see the landmark(s) clearly; see about 10 miles; or only see about 5 miles or less? Take appropriate action and remember... **If you can smell smoke, you are breathing smoke.** 



No matter how far you can see, if you feel like you're having health effects from smoke exposure, go inside or to an area with better air quality.