

SPRING EDITION

MARCH
APRIL 2022

News, Information, Activities and Program Opportunities from The Branch Connection

Fishin' Fun

Saturday, April 30 | 8 a.m. to 12 p.m.

Grab your grandkids, 16 and under, and come out to Gussie Field Watterworth Park, next to City Hall, for a morning of fishing, kids' activities and fun. Rawhide Creek will be stocked full of fish. Bring your fishing rod or borrow one of ours. Free bait will be provided and concessions will be available. Trophies will be awarded to the three largest fish caught in each age category.

SCHEDULE

8 to 10 a.m. Kids Fishing Tournament
8 a.m. to 12 p.m. Kid Zone
10:30 a.m. Awards Ceremony

VOLUNTEER OPPORTUNITIES

Wanted... Fishin' Fun Volunteers

Saturday, April 30, 7:30 a.m. to 12:30 p.m.
Help children in our community have a fun day out in nature. We need volunteers for our pole loaner station, bait stations, catch and release tank, kid games and roamers. Volunteer Release forms will be accepted at the front desk through Monday, April 11, 2022.

BRANCH BAZAAR

Spring Branch Bazaar

Saturday | March 26 | 9 a.m. to 3 p.m.

Saturday | April 23 | 9 a.m. to 3 p.m.

Find unique gifts, home decor, antiques, collectibles and specialty items. Everyone can find a must-have item for their home or a perfect gift for someone special.

Spring Branch Bazaar VENDOR REGISTRATION

Home décor, antiques, collectibles, specialty items, etc. Food vendors must provide a current health certificate. All items must be in good taste. No age restrictions.

Apply online to be a Branch Bazaar vendor.

10'x 10' Space: Resident: \$25; Non-residents: \$30

Fee Includes: One (1) or two (2) tables & two (2) chairs provided by TBC.

Questions?

Contact: Lynnette Hill

lynnette.hill@farmersbranchtx.gov

TRIPS

Registration required by calling 972-919-8740.

CRUISIN CUISINE: Elm Fork

Friday, March 25 | 11 a.m. (Bus Departure)

Fee: Free + Bring money for lunch

1221 Turbeville Rd, Hickory Creek, TX 75065

Join us as we cruise to Elm Fork Taphouse and Kitchen in Hickory Creek for some smokehouse-style comfort food.

DAY TRIP: First Monday Trade Days - Canton

Friday, April 1 | 9:30 a.m. Bus Departure from

The Branch Connection | Fee: Free

This popular flea market is open one weekend a month in Canton, TX. With over 6,000 vendors, guests will find something fun to bring back to Farmers Branch. Be sure to bring money for shopping and lunch. Extended walking on multiple surfaces. The bus is scheduled to return to The Branch Connection by 6 p.m.

MONDAY NIGHT DANCES

Best 50 and Better Dance in the Metroplex!
7 - 9 p.m.

Members: Complimentary | Non-members: \$5

DATE	BAND
March 7	City Lights
March 14	Pete & Patti
March 21	Danny Romo
March 28	TBA
April 4	Danny Romo
April 11	John White & Texas Borderline
April 18	City Lights
April 25	DFW Musicmakers



14055 Dennis Lane | Farmers Branch, Texas 75234 | 972.919.8740



www.thebranchconnection.com



www.facebook.com/farmersbranchseniors

ARTS AND CRAFTS

Pre-registration required for all craft classes by calling 972-919-8740.

Dallas Quilt Show

Friday, March 11 | 9:30 a.m.

Extended Walking

Hop aboard The Branch Connection bus to take a trip downtown to the Dallas Quilt Show. For all quilters.

Art Association Acrylic Abstract: "Quirky, Fun Paintings"

Tuesday | March 15 | 10 a.m. to Noon

Free Artist Demonstration | Guest Artist: Dana Brock

Tuesday | March 15 | 1 to 3 p.m. | \$10 Workshop

Free-flowing and organic painting style.

Basic Drawing

Tuesday | April 19 | 10 a.m. to Noon

Free Artist Demonstration | Guest Artist: Janice Hamilton

Tuesday | April 19 | 1 to 3 p.m. | \$10 Workshop

Learn basic drawing techniques from an award-winning Dallas artist. Don't forget to bring a pencil and paper.

Watercolor Painting 1

Thursdays | 10 to 11:15 a.m.

Free | Instructor: Dr. Marsha Blount

All skill levels are welcome. Paint, brush and paper are provided. You will be guided in painting washes, color layering and critiquing and finishing your piece for display.

Watercolor Painting 2

Thursdays | 11:15 a.m. to 12:30 p.m.

Free | Instructor: Dr. Marsha Blount

Class focuses on color theory, independent and guided instruction in a studio format. *Feel free to bring your own supplies. If you want to paint in acrylic, you will need your own acrylic paints, canvases and brushes. Supply recommendations are available from the instructor.

Advanced Greeting Card Class

Tuesday | March 8, April 12 | 1 p.m.

Supply Fee: \$10

Instructors: Jan McCord & Carmel Mosley

Learn various card-making techniques and create four beautiful cards.

Chalk Contour

Monday | March 28 | 2 to 4 p.m.

Free | Instructor: Jennifer Stone

Come enjoy this concept in décor and crafting to create a professional-looking beautiful home craft. This month we will be making an Easter-themed takeaway.

Simple Serging 101

DIY Phone Case

Tuesday | March 22 | 1 to 5 p.m.

Free | Instructor: Jennifer Stone

Learn how simple it is to use a serger while learning the basics of overlock stitching. Bring two coordinating fat quarters, and we will provide the rest.

Advanced Sewing

Gardening Gnomes

Tuesday | April 19 | 4 to 6 p.m.

Supply Fee: \$9 | Instructor: Jennifer Stone

Students must have a working knowledge of operating a sewing machine and serger. Check with the front desk for a supply list. A pattern supply fee will be required at the time of registration.

DIY Painting Party

Monday | March 14 | 6 to 7: 30 p.m.

Monday | April 11 | 6 to 7: 30 p.m.

Fee: \$25, supplies included | Instructor: Calinda Locklear

We provide all the supplies; you just come and enjoy an evening of painting fun. From beginner to advanced, all are welcome!

COMPUTER CLASSES

Registration is required by calling 972-919-8740.

Transferring Pictures from Your Smart Phone or Tablet to Your Computer

Monday | March 7 | 1 to 3 p.m.

Free | Instructor: Linda Eakle

Learn how to transfer your photos from your phone or iPad to your computer using the Windows Photo app.

Windows Tips and Tricks

Monday | March 14 | 1 to 3 p.m.

Free | Instructor: Linda Eakle

Learn new shortcuts and check to see if your computer qualifies for Windows 11, etc.

Spring Cleaning for Your Computer

Thursday | March 24 | 1 to 3 p.m.

Free | Instructor: Linda Eakle

Spring cleaning isn't just for your home! Learn how to Spring Clean your computer to organize and free space.

Managing Your Passwords

Monday | March 28 | 1 to 3 p.m.

Free | Instructor: Linda Eakle

Learn what programs are available to manage your passwords and when you should change a password to avoid scammers.

Photoshop Elements

Mondays & Thursdays | April 4-28 | 1 to 3 p.m.

Free | Instructor: Linda Eakle

Learn how to use Photoshop Elements to touch up and edit your photos.

FITNESS CLASSES

Registration required by calling 972-919-8740.

Stretch and Release

Monday | 10 to 10:45 a.m.

Free | Instructor: Joyti Subramanian

This class aims to increase your body balance, core strength, flexibility and ease the natural breath. All exercises can be modified to suit ability.

Mindful Yoga

Tuesdays, Thursdays | 10 to 10:45 a.m.

Free | Instructor: Rotha Crump

Mindful Yoga incorporates balance, strength, and flexibility, along with meditation. All levels are welcomed.

Silver Sneakers Classic

Mondays | 11 to 11:45 a.m.

Wednesdays | 1 to 1:45 p.m.

Free | Instructor: Joyti Subramanian

This class fuses strength, balance, functionality and flexibility. Chairs are used to ensure safety and to allow for modifications. Free weights, bands, and balls are used. There is no floor work. All levels are welcomed.

Balanced Bodies

Tuesdays, Thursdays | 9 to 9:45 a.m.

Free | Instructor: Rotha Crump

Free weights, bands, balls, and foam sticks are used for variety and muscle response.

Tai Chi

Mondays, Wednesdays | 10 to 10:45 a.m.

Free | Instructor: Susan Davis

This graceful form of exercise can be used to reduce stress and a variety of other health conditions.

Zumba Gold

Wednesday | 6 to 6:45 p.m.

Free | Instructor: Giselle Huet

Zumba Gold is modified for active adults at a lower intensity with easy-to-follow choreography.

Power Walking

Fridays | 9 to 9:45 a.m.

Free | Instructor: Laura Franklin

Regular power walking is good for your cardiovascular health, joint health and emotional well-being.

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SPECIAL INTERESTS

Registration required by calling 972-919-8740.

Bridge

One of the greatest card games of all and can provide an immense challenge and enjoyment in a fun group setting. Grab a friend and join us!

Party Bridge

Fridays | 1 p.m.

Free | Instructor: Diane Royer

Duplicate Bridge

Mondays | 9:30 a.m.

Free | Instructor: Diane Royer

Cookin' Club

Luck of the Irish!

Wednesday | March 9 | 10:30 a.m. to Noon

Bring your favorite Irish side dish or dessert to go with corned beef and cabbage.

Get Your Grill On!

Wednesday | April 13 | 10:30 a.m. to Noon

April is a perfect time to enjoy our outdoor patio kitchen and grilling demonstration.

Chair Volleyball

Mondays & Thursdays | 1 p.m. | Free

Friday | 1 p.m. | Free

Chair Volleyball involves physical activity, social interaction, competition, and most of all, lots of laughs!

Chair Volleyball Tournament

Friday | March 18 | 9 a.m. to 5 p.m.

The First North Dallas Chair Volleyball Tournament for 2022. This tournament will include a light breakfast and lunch for those teams participating in a winner take all tournament. Team registration required.

Alzheimer's Support Group

This Group Currently Meets by Conference Call

Tuesday | March 1, April 5 | 6:30 p.m. | Free

This group meets on the 1st Tuesday of each month and is open to anyone with Alzheimer's disease or anyone who cares for someone with the disease. Please get in touch with the front desk for conference call information.

Wii Bowling

Tuesdays and Wednesdays | Free

Grab your team of two or more players and compete together against other teams. Register your team at the front desk or let us know, and we'll put a team together with you.

Season I Party | March 17 | 2 p.m.

Season II | March 22 | 2 p.m.

Season II Party | May 20 | 2 p.m.

Texas Hold'Em

Thursday | March 17, April 21 | 1 p.m. | Free

Know when to hold'em; know when to fold'em. Join us each month for this competitive poker game. Snacks sponsored by Oak Street Health.

Clogging

Easy to High Intermediate Skill

Fridays | 9:30 a.m. to 12 p.m.

Free | Instructor: Libby Smith

American Folk Dance in which the dancers perform with double-tap shoes by striking the heel, the toe, or both against a floor or each other to create audible rhythms.

Intermediate/Advanced Table Tennis

Wednesday & Friday | 2:30 p.m. | Free

Improve your skills with members who range from recreational players to elite players who compete in local and national tournaments year-round. Excellence and sportsmanship are promoted in a safe and friendly environment.

Tuesday Trivia Night

Luck of the Irish! | March 22 | 6 p.m. | Free

Call on the Luck of the Irish to answer the fun trivia questions regarding all things Irish.

Texas Trivia | April 26 | 6 p.m. | Free

See how much you truly know about the great state of Texas!

Educational Talks:

Registration is required by clicking on the activity link or by calling us.

Health and Wellness Topics

Tuesdays | 6 to 7:15 p.m.

Free | Instructor: Presented by TOPS

Come and learn some educational tips on improving your health and managing weight. Each week we discuss various topics on health and self-improvement.

Harbor Hospice

Community Volunteer Partnership

Wednesday | March 30 | 11 to 11:45 a.m.

Free

Come be a part of a program that would assist in providing multiple services that can include direct patient care and administrative support, volunteering for events, or whatever you may feel comfortable with. This opportunity allows a way to help serve people in need from our community.

Registration required by calling 972-919-8740.

DROP-IN RECREATION: The game room is open during facility hours for drop-in recreation such as cards, billiards, and dominos.

Open Mah-Jongg

Wednesday | 1 p.m. | Free

We welcome experienced players, as well as those newer to the game, for casual, non-competitive play.

Texas 42 (using Dominos)

Wednesday | 1 p.m. | Free | Instructor: Bill Slaughter

Have you ever wondered how to "get your game on" with Texas 42? Join Bill Slaughter for lessons from beginner and beyond to learn the game.

Experiencing Brain Fog?

Thinkabilities is Here to Help!

Mondays | 9:15 a.m. | Free | Instructor: Anna Abner

Our Thinkabilities program offers brain-challenging worksheets. We can meet in person, or you can call 972-919-8740 and give us your email address or arrange for you to pick it up at The Branch Connection.

Shared Moments

Mondays | March 7, 21, April 4, 18 | 10:15 a.m.

Free

What's your story? In this small group, you will have the opportunity to hear others recall and share life memories as well as share your own stories. All are welcome!

Shared Movies

Mondays | March 14, 28, April 11, 25 | 10:15 a.m.

Free

Watch movie favorites with others who love them too! Sign-up to bring your favorite movie on the sign-up sheet. All are welcome!

March 14 Singing in the Rain

March 28: Splash

April 11: A Star is Born (Judy Garland)

April 25: Flight

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ACTIVITIES

Registration required by calling 972-919-8740.

Mountain Dulcimer

Bring your instrument and learn by practicing in a small group weekly.

Dulcimer Lessons for Beginners

Tuesdays | 8:30 to 9:30 a.m.

Free | Instructor: Donna Shelton

No prior experience is necessary! Learn how to play the instrument, read standard and tablature notation and learn music theory.

Southwind Dulcimer

Tuesdays | 10 a.m. to 12 p.m.

Free | Instructor: Donna Shelton

A dulcimer ensemble that loves to perform together publicly throughout the year.

Intermediate Mountain Dulcimer Group

Wednesdays | 10 a.m. to 12 p.m.

Free | Instructor: Marcella Houston

Line Dancing

Instructor: Karen Aubrey

Whatever your level may be, learn Line Dancing step-by-step at a comfortable pace with:

ABSOLUTE BEGINNER

Tuesdays | 11:30 a.m. to 12:15 p.m.

This class will run for 11 weeks (January 17 through March 29). (Remaining class dates for the current session: March 1, 8, 15, 22, 29)

Fee: \$27.50

Due to the detailed instruction of this course, attendance for the full 11 weeks, as shown above, is required.

LO BEGINNER

Tuesdays | 12:30 to 1:45 p.m.

Fee: March - \$12.50/April - \$10

HI BEGINNER

Tuesdays 2 to 3:15 p.m.

Fee: March - \$12.50/April - \$10

IMPROVER

Wednesdays 10 to 11:30 a.m.

Fee: March - \$15.00/April - \$12

Garden Group (Zoom Optional)

Can I Eat That?

Wednesday | March 16 | 10 a.m. | Free

Speaker: Dallas County Master Gardener Speaker C.A. Hiscock

Ever wonder if something that you grow, or see growing, is truly edible? C.A. Hiscock will give you the information you're looking for before you eat something you shouldn't eat!

Composting for Garden Success

Wednesday | April 20 | 10 a.m.

Free | Speaker: Dallas County Master Gardener Speaker Stephen Seewoester

Compost is the single most important supplement you can give your garden. It's a simple way to add nutrient-rich humus to your lawn or garden that fuels plant growth and restores vitality to depleted soil. It's also free, easy to make, and good for the environment.

Bingo

Wednesday | March 2, 16, April 6 & 20 | 1 to 3 p.m.

\$1 per Bingo card must purchase cards by 12:45 p.m.

Come enjoy BINGO and bring a friend. Good luck!

Limited space, so call 972-919-8740 to register.

Photo Club

Wednesday | March 2, 16, 30, April 13, 27 | 1 p.m.

Free | Instructor: Deborah Hutchins

Share your experience and learn from others to make your pictures better. Members regularly challenge each other to capture certain subjects and share those pictures through a group email, which is great for those who don't feel safe coming out and joining the small group meetings. Anyone with a camera or smartphone camera is welcome!

Camera 101

Discuss cameras, settings, and how to make the best images for those special memories.

Wednesday | March 9, 23 | 1 p.m.

Exposure Setting and Special Effects

Wednesday | April 6, 20 | 1 p.m.

Moving Objects

Random Acts of Kindness

Whether collecting food, toiletries, pet supplies, special gifts, or day-to-day needs, the Random Acts of Kindness group is always ready to reach out to those in need. You can get involved by joining the group or dropping off requested items. They will make sure everything gets to each charity. Your kindness and generosity is always appreciated!

Sweats for Veterans

Thursday | April 14 | 11 a.m.

Donations of new coats, sweatshirts, sweatpants, and socks will be collected for our RAK Group. These items will be dropped off at the Dallas VFW for military veterans and their families in need.

Registration required by calling 972-919-8740.

Book Club

Come meet kindred book lovers as they discuss reading a different book each month.

Hamnet by Maggie O'Ferrell

Genre: Historical fiction

Monday | March 14 | 1 p.m. | Free

The Magpie Murders by Anthony Horowitz

Genre: Traditional detective, British and Irish literary fiction

Monday | April 11 | 1 p.m. | Free

Movie Friday

The Proposal

Friday | April 8 | 11 a.m. to 1 p.m. | Free

A pushy boss forces her young assistant to marry her to keep her Visa status in the U.S. and avoid deportation to Canada. Starring Sandra Bullock, Ryan Reynolds, and Betty White.

B12 Shots

Thursday | March 3, April 7 | 9 to 9:30 a.m.

Fee \$20 | ProSalutem

An Exercise in Critical Thinking; Conversations in Neglected History

Fridays | 9:30 a.m. | Free

(Special Guest Speakers in BOLD)

Date	Topic	Presenter
3/4	World Migration	Tommy Thompson
3/11	Mini Topics	Jesse Spurway
3/18	French Legation	Kyle Walker from the Texas Historic Commission
3/25	Barrington Plantation	Mary Ann from the Texas Historic Commission
4/1	Today In History	Jesse Spurway
4/8	Taiwan-Formosa	Judy Smartt
4/22	Life Along Preston Road	Debbi Hull
4/29	Fulton Mansion	Joe Fox from the Texas Historic Commission



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MEMBERSHIP

You may qualify for a FREE Membership

Most health insurance plans offer programs to help you maintain a healthy lifestyle as an active adult through physical and social activity. Bring in your insurance card or call at 972-919-8740, and staff will check if you qualify. Plans we partner with are Silver Sneakers, Silver & Fit and Renew Active!

MEMBERSHIP

The Branch Connection is open to anyone 50 years of age or better. A variety of activities and special events are offered to promote fun, fellowship, and health.

ANNUAL MEMBERSHIP FEES

Residents:	\$25
Non-residents:	\$50
Non-member Day Pass:	\$5
Replacement ID Card:	\$5

The fee can be paid on a monthly electronic bank draft or credit card draft of \$2.50 or \$5 per month.

Our program calendars are available at:
www.TheBranchConnection.com

Monthly Breakfast

Mondays | March 7, April 4

8:15 to 9 a.m.

Members: Complimentary;

Non-members: \$5

Come enjoy a complimentary breakfast hosted by The Senior Advisory Board.



FACILITY HOURS

Monday - Wednesday 8 a.m. to 8 p.m.

Thursday & Friday 8 a.m. to 5 p.m.

Saturday 1 to 5 p.m.

CLOSED APRIL 15 FOR GOOD FRIDAY



THE BRANCH CONNECTION STAFF

Jackie Byles, Manager
Jennifer Stone, Recreation Supervisor
Lynnette Hill, Recreation Supervisor

TO VOLUNTEER

Contact **Jennifer Stone**
jennifer.stone@farmersbranchtx.gov
972-919-8742

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