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PRESS RELEASE
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CACHUMA LAKE TROUT RELEASE

Large Trout Plants with Trophy Sizes Celebrated by Anglers

(SANTA BARBARA, Calif.) – Hit the lake this holiday season, Cachuma Lake just had another trout release.

“Cachuma Lake is one of the very few lakes that continues to have large trout plants. As soon as the fish hit the water, they immediately disperse to areas all over the lake in search of colder, deeper water. That doesn’t happen at all of the lakes. At Cachuma Lake, you can fish from the shore or troll, and accidentally catch a trout while fishing for another species. These trout are double and triple the size of store-bought trout,” said Rich Tauber, local angler and professional Southern California fishing guide.

The second of four scheduled 4,000-pound Rainbow Trout releases for the 2022/2023 stocking season has happened, with fish ranging in size from half-pound “catchables” to eight-pound trophies. The fish come from Mt. Lassen Trout Farms, Inc., in Paynes Creek, California.

Everything an angler needs is available for rent or purchase at the Cachuma Lake Marina and Boat Rentals, which offers pontoons, outboards and kayak rentals, as well as one-day and annual fishing licenses. Fishing from shore in the recreation area or from a boat is open year-round with a valid fishing license.

The fall and winter months also welcome a variety of migrating birds. They add a nice competitive edge for the anglers. Bring some binoculars and look for bald eagles, osprey, and American white pelicans. You may see one of these hovering hunters with the catch of the day!

For those who plan to bring their own boating vessels, note that due to the 30-day Quagga restrictions at the lake, boats must be inspected and tagged by Cachuma Lake staff at least 30 days prior to your visit. For more boating information, please visit our website at [Boating & Vessel Requirements | Santa Barbara County, CA - Official Website \(countyofsb.org\)](http://Boating%20%26%20Vessel%20Requirements%20|%20Santa%20Barbara%20County,%20CA%20-%20Official%20Website%20(countyofsb.org).).

Cachuma Lake Recreation Area is a full-service campground offering year-round cabin, yurt, RV and tent camping, recreational activities, nature programs for all ages and of course, fishing! For camping reservations and more information, please visit www.sbparks.org.

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